the tapa company

RITUAL CARD

RITUAL CARD · ALL-YEAR PUJANS

Utpanna Ekadashi

4 December 2026 · Friday · Margashirsha Krishna Ekadashi

DATE	TITHI	FAST	PAARAN
4 Dec Friday	**Margashirsha Krishna Ekadashi**	**Dashami — the day before**	**5 Dec** At sunrise

SAMAGRI CHECKLIST

- [ ] Chowki or wooden asan
- [ ] Kalash for water
- [ ] Cotton wicks, Diya, with ghee or til oil
- [ ] Clean cloth for the altar
- [ ] Kalawa/Mauli
- [ ] Akshat
- [ ] Milk, curd, ghee, honey, sugar
- [ ] Puja thali
- [ ] Panchpatra and achmani spoon
- [ ] Vishnu image, murti or photograph
- [ ] Roli and kumkum
- [ ] Ganga Jal
- [ ] Tulsi Leaves & Flowers
- [ ] Dhoop

VIDHI — STEP BY STEP

6 steps

1. **Take the sankalp**
   Take the vrat sankalp after bathing, before the Vishnu image.
2. **Worship Vishnu**
   With panchamrit abhishek, tulsi, flowers, akshat, dhupa, diya.
3. **Offer lamps**
   The chapter names the lamp offering specifically.
4. **Fasting**
   Keep the fast through the day, in the form you have chosen.
5. **The day of devotion**
   Spend the day with the sacred texts, and give daan. Keep the night vigil if you are able.
6. **Paaran**
   Break the fast in the Parana window on Dwadashi.

MANTRA

ॐ नमो भगवते वासुदेवाय

oṃ namo bhagavate vāsudevāya

Chant 108 times with a mala, or 11 / 21 / 51 times

FASTING

Dashami — the day before One sattvic meal before noon.

Ekadashi — the fast day No grains or pulses.

Dwadashi — the Parana Break the fast inside the Parana window.

Scan for the full guide — katha, meanings and sources

thetapaco.com

Source: thetapaco.com · Delhi-NCR · 2026