

RITUAL CARD · ALL-YEAR PUJANS

Sundarkand Path: Complete Home Puja Vidhi

SAMAGRI CHECKLIST

- | | |
|---|---|
| ☐ Ramcharitramanas | ☐ Red Altar Cloth |
| ☐ Hanuman Image | ☐ Mustard oil lamp and cotton wick |
| ☐ Sindoor and a marigold garland | ☐ Kapoor & Dhoop |
| ☐ Gangajal | |

VIDHI — STEP BY STEP

8 steps

- Take the sankalp**
 Said before the book is opened - who you are, the day, the house, and why.
- Ganesh Vandana**
 A brief prayer to remove obstacles from the path. As in any rite, Ganesh comes first.
- Shankar-Parvati Vandana**
 The Ram Katha was first told by Shiva to Parvati. This is an acknowledgement of where the story comes from.
- Ram-Sita-Lakshman Vandana**
 Invoked before Hanuman's journey begins - the three the journey is undertaken for.
- Hanuman Vandana**
 Including the Jambavan verse, which is where Hanuman is reminded of what he is capable of.
- The path itself - all sixty dohas, in order**
 All sixty dohas and their chaupais, in order. The lamp stays lit throughout.
- Hanuman Chalisa**
 Where the household keeps it. If you do not know it, skip it - the path is complete without.
- Aarti, then the prasad to everyone present**
 Ring the bell, offer camphor, then distribute the prasad to everyone present, including anyone who only arrived at the end.

NO MANTRA IS PRESCRIBED FOR A SUNDARKAND PATH -
DO JAAP KEPT BETWEEN SECTIONS

श्री राम जय राम जय जय राम

Shri Ram jaya Ram jaya jaya Ram

Chant 108 times with a mala, or 11 / 21 / 51 times



Scan for the full guide — katha, meanings and sources

thetapaco.com

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