

Sharad Navratri

11 October 2026 · Sunday · Ashwin Shukla Pratipada

| DATE             | TITHI                      | MUHURAT                       |
|------------------|----------------------------|-------------------------------|
| 11 Oct<br>Sunday | Ashwin Shukla<br>Pratipada | 04:40–05:30<br>Brahma Muhurat |

SAMAGRI CHECKLIST

- ☐ Kalash brass or copper

☐ Clay pot, soil, barley seeds

☐ Red cloth and chunri

☐ Durga idol or framed image

☐ Akhand jyoti vessel with ghee or oil

☐ Durga Saptashati

☐ Fresh flowers daily

☐ Sindoor, kumkum, chandan, akshat, haldi

☐ Ghee, incense, camphor

☐ Kanya Pujan items

☐ Havan samagri

VIDHI — STEP BY STEP

7 steps

- 1

**Take the sankalp**  
 Take the Navratri vrat sankalp, after bathing, before the chowki is set.
- 2

**Build the space**  
 Clean the space.
- 3

**Kalash Sthapana**  
 Fill a clay kalash with water, add akshat, a coin, and a supari, place five or seven mango leaves around the rim, seal with a coconut.
- 4

**Sowing Barley**  
 Sow barley or sapta-dhanya in a small clay bowl of clean soil (no fertiliser, no chemicals) . Water lightly everyday.
- 5

**Placement**  
 Place Maa Durga's image or idol behind the kalash.
- 6

**Akhand Jyoti**  
 Light the akhand jyoti - a ghee lamp intended to burn through the nine days.
- 7

**Offering**  
 Offer flowers, incense and fruit.

MANTRA

ॐ ऐं ह्रीं क्लीं चामुण्डायै विच्चै ॥

Om Aim Hreem Kleem Chamundayai Vichche

Chant 11 times with a mala, or 21 / 51 / 108 times

FASTING

- Phalahar

Full nine-day fast no grains, no regular salt (use sendha namak), no onion or garlic, no non-vegetarian food
- Partial fast

Phalahar on Pratipada, Ashtami, and Navami only, eating sattvic on the other days
- Phalahar

Fast on the first and last on day one and day nine only



Scan for the full guide — katha, meanings and sources

[thetapaco.com](https://thetapaco.com)

Source: thetapaco.com · Delhi-NCR · 2026