

RITUAL CARD · ALL-YEAR PUJANS

Satyanarayan Vrata: Complete Katha and Puja Guide

SAMAGRI CHECKLIST

- | | |
|--|---|
| ☐ Satyanarayan image or Shaligram | ☐ Yellow or red cloth and chowki |
| ☐ Kalash, mango leaves, coconut | ☐ Panchamrit |
| ☐ Tulsi | ☐ Banana |
| ☐ Sheera ingredients | ☐ Paan, supari, coins |
| ☐ Flowers, akshat, diyas, incense | |

VIDHI — STEP BY STEP

7 steps

1 Take the sankalp

Your name, your gotra, the date, the place and the purpose.

2 Ganesh puja

Ganesh puja first.

3 Kalash sthapana

Kalash sthapana.

4 Satyanarayan puja

Satyanarayan puja — the shodashopachara sixteen steps.

5 Read the katha

Read all five chapters of the katha, in order.

6 Aarti

Aarti.

7 Distribute the sheera

Distribute the sheera. Everyone present eats.

MANTRA

ॐ नमो भगवते वासुदेवाय ॥

Om Namo Bhagavate Vasudevaya

Chant 108 times with a mala



Scan for the full guide — katha, meanings and sources

thetapaco.com

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