

Karva Chauth

29 October 2026 · Thursday · Kartika Krishna Chaturthi

|          |                 |                |
|----------|-----------------|----------------|
| DATE     | TITHI           | MUHURAT        |
| 29 Oct   | Kartika Krishna | 04:48–05:39    |
| Thursday | Chaturthi       | Brahma Muhurat |

SAMAGRI CHECKLIST

☐ Clay karva with lid

☐ Sieve

☐ Diya and ghee

☐ Sindoor, mehendi

☐ Decorated thali

☐ Sargi items

☐ Water

☐ Akshat

VIDHI — STEP BY STEP

8 steps

- 1

**Take the sankalp**  
 After the sargi, before sunrise, as the fast begins
- 2

**Sargi before sunrise**  
 A pre-dawn meal, traditionally sent by the mother-in-law.
- 3

**Suhaag**  
 Dress up, do shringar, choosered or maroon clothes where your family keeps it
- 4

**Samagri**  
 Prepare the thali: the clay karva with its lid, a lit diya, water, akshat, sweets and the sieve
- 5

**Vrat**  
 Keep the fast through the day.
- 6

**Katha & Puja**  
 In the evening, at the puja, worship Ganesha, and hear the katha with the other women of the household.
- 7

**Arghya**  
 At moonrise, offer arghya to the moon from the karva.
- 8

**Paaran**  
 Husband offers the first sip of water and the first bite of food, and the fast is broken (tradionally)

MANTRA

ओं गणेशाय नमः

Om Ganeshaya Namah

Chant 108 times with a mala, or 11 / 21 / 51 times

MANTRA

ॐ शिवायै नमः

Om Shivayai Namah

Chant 108 times with a mala, or 11 / 21 / 51 times

MANTRA

ओं नमः शिवाय

Om Namah Shivaya

Chant 108 times with a mala, or 11 / 21 / 51 times

MANTRA

ओं षण्मुखाय नमः

Om Shanmukhaya Namah

Chant 108 times with a mala, or 11 / 21 / 51 times

FASTING

**Nirjala** No food and no water from sunrise to moonrise is what most people keep, and it is the strictest common fast...