

Kanya Puja

19 October 2026 · Monday · Ashwin Shukla Ashtami

DATE 19 Oct Monday	TITHI Ashwin Shukla Ashtami	MUHURAT 04:43–05:34 Brahma Muhurat
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SAMAGRI CHECKLIST

☐ Sweet

☐ Steel or leaf plates

☐ A kalash of warm water and a towel

☐ Kumkum and akshat

☐ Chunni or a small red cloth

☐ Bangles or another ornament

☐ Dakshina

☐ A diya and incense

☐ A garland or flowers, and a scent

VIDHI — STEP BY STEP

8 steps

- 1

Take the sankalp before the girls arrive
Your name, your gotra, the date, the place, the purpose. Set out the plates and the meal first so nobody is kept waiting.
- 2

Invite the girls respectfully
seat them comfortably on a mat, on chairs, wherever they will actually be comfortable for ten minutes.
- 3

Praying
Light the diya and offer a short prayer to the Goddess.
- 4

Pad prakshalan
Pour a little warm water over each girl’s feet and dry them gently. Do this quickly and lightly.
- 5

Tilak
Tilak of kumkum on the forehead, akshat pressed on, mauli tied on the right wrist.
- 6

Serve the food
Sit with them while they eat rather than standing over them.
- 7

Gratitude
Give the chunni, the bangle or whatever small thing the household gives, along with the dakshina.
- 8

Blessings
. Touch their feet and take their blessing as they get up. This is the point of the whole observance, do not rush.

MANTRA

ॐ ऐं ह्रीं क्लीं चामुण्डायै विच्चे

Om aim hreem kleem chamundayai vichche

Chant 108 times with a mala, or 11 / 21 / 51 times



Scan for the full guide — katha, meanings and sources

thetapaco.com

Source: thetapaco.com · Delhi-NCR · 2026