



Havan at home

SAMAGRI CHECKLIST

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| ☐ Havan kund, or a steel thali filled with sand | ☐ Wood - mango if available |
| ☐ Cow dung cakes | ☐ Havan samagri |
| ☐ Sruva or a long wooden spoon | ☐ Akshat, black sesame, barley, yellow mustard |
| ☐ Camphor/kapoor | ☐ Water in a small vessel, and a kalash |
| ☐ A coconut, betel, supari, and dried fruits | |

VIDHI — STEP BY STEP

8 steps

1 Take the sankalp

Your name, your gotra, the date, the place and the purpose.

2 Prepare the space

Open a window. Place the kund or the sand-filled thali on a floor or a stone surface, never on wood, cloth or a dining table.

3 Perform achaman

Bathe, wear clean clothes, and sit facing east or north. Perform achaman - three sips of water from the palm.

4 Ganesh Puja

Ganesh puja first, as in any rite. A few words, akshat and a flower are sufficient.

5 Setup Wood

Lay the wood in a criss-cross in the kund with the dung cakes beneath. Light the camphor and establish the fire.

6 Offer with the Gayatri mantra

A spoon of ghee and a pinch of samagri at each svaha. Twenty-seven offerings is a common household count and 108 is the fuller one; any number you can complete with...

7 Offer to the deity of the occasion if there is one

Navratri, Griha Pravesh, a birthday, Satyanarayan with that deity's mantra, in the same rhythm.

8 Purnaahuti

the full and final offering. The coconut, betel, supari and dried fruits, offered together with a last spoon of ghee.

MANTRA

ओम भूर्भुवः स्वः । तत्सवितुर्वरेण्यं । भर्गो
देवस्य धीमहि । धियो यो नः प्रचोदयात् ।
स्वाहा ॥

*Om bhur bhuva svah · tat savitur varenyam · bhargo devasya
dhimahi · dhiyo yo nah prachodayat · svaha*

Chant 108 times with a mala, or 11 / 21 / 51 times



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and sources

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