the tapa company

RITUAL CARD

RITUAL CARD · ALL-YEAR PUJANS

Dev Uthani Ekadashi

20 November 2026 · Friday · Kartik Shukla Ekadashi

DATE	TITHI	FAST	PAARAN
20 Nov Friday	**Kartik Shukla Ekadashi**	**Phalahar**	**21 Nov** At sunrise

SAMAGRI CHECKLIST

- [ ] Tulsi
- [ ] Sugarcane
- [ ] Panchamrit
- [ ] Conch and bell
- [ ] Seasonal fruit - ber, amla, singhara
- [ ] Diya, incense, akshat

VIDHI — STEP BY STEP

7 steps

1. **Take the sankalp**
   Take the vrat sankalp after bathing, before the Vishnu image.
2. **Getting ready**
   Rise before sunrise and bathe.
3. **Clean and decorate the altar**
   Draw a rangoli around it where that is your practice.
4. **Wake Lord Vishnu**
   With bell, conch, and the waking verses.
5. **Vishnu puja**
   Panchamrit abhishek, tulsi, flowers, akshat, diya. Offer sugarcane and seasonal fruit.
6. **Fasting**
   Fast through the day on phalahar, avoid grains.
7. **Paaran**
   Break the fast in the Parana window on Dwadashi, after Hari Vasara ends.

MANTRA

ॐ नमो भगवते वासुदेवाय

oṃ namo bhagavate vāsudevāya

Chant 108 times with a mala, or 11 / 21 / 51 times

FASTING

Phalahar One sattvic meal before noon.

Scan for the full guide — katha, meanings and sources

thetapaco.com

Source: thetapaco.com · Delhi-NCR · 2026