RITUAL CARD · FESTIVE PUJANS

Chhath Puja: Four Days of Surya Worship

13 November 2026 · Friday · Kartika Shukla Chaturthi

DATE	TITHI	MUHURAT
13 Nov Friday	**Kartika Shukla Chaturthi**	**04:56–05:49** Brahma Muhurat

SAMAGRI CHECKLIST

- [ ] Bamboo soop and daura
- [ ] Thekua
- [ ] Seasonal fruit - banana, coconut, singhara, custard apple
- [ ] Rice, jaggery, ghee
- [ ] Diya, sindoor, akshat
- [ ] A vessel for the arghya

VIDHI — STEP BY STEP

8 steps

1. **Take the sankalp**
   Take the sankalp on Nahay Khay, after bathing, before the household begins its purity observance. It holds across all four days.
2. **Nahay Khay**
   Bathe, then take a single sattvic meal.
3. **Kharna**
   Keep a day-long fast, broken at sunset with kheer and roti, taken alone. The long fast begins immediately afterwards.
4. **Prepare the offering**
   Bake thekua at home, and load the bamboo soop with thekua, fruit, coconut and sugarcane
5. **Sandhya Arghya**
   Stand in water at sunset, raise the loaded soop, and offer arghya to the setting sun. In Delhi-NCR this year, 5:28 PM.
6. **Night Jagaran**
   Keep vigil through the night where the household keeps that form.
7. **Usha Arghya**
   Return to the same water before dawn and offer arghya to the rising sun. In Delhi-NCR this year, 6:44 AM.
8. **Paaran**
   Break the fast afterwards with the prasad, and distribute it.

MANTRA

ॐ सूर्याय नमः

oṃ sūryāya namaḥ

Chant 108 times with a mala, or 11 / 21 / 51 times

MANTRA

उदु त्यं जातवेदसं देवं वहन्ति केतवः

ud u tyaṃ jātavedasaṃ devaṃ vahanti ketavaḥ

Chant 108 times with a mala, or 11 / 21 / 51 times

Scan for the full guide — katha, meanings and sources

thetapaco.com

Source: thetapaco.com · Delhi-NCR · 2026